

Anti-Parasite Cleanse

The following formula could run parasites out of the system. Lightly steamed garlic, raw onions, raw pumpkin seeds, Fresh celery, and cucumber all eaten together with no other foods, for 3 to 5 days. This has been proven to help purge the system of harmful parasites freeing the body of many misdiagnosed symptoms.

There are some herbs that could be helpful also, but **REMEMBER** please seek competent medical supervision before attempting this for yourself.

- Black Walnut hull
- Wormwood
- Tansy
- Cascara Sagrada
- Garlic
- Golden Seal