

## LEUCORRHEA.

This disease effects more than half the women in America. In fact, it is the most common disease to which women are liable. It consists of a slight inflammation of the mucous membrane of the vaginal canal, or of the uterus, which results in the throwing out of a white, or yellowish white, fluid, which is frequently or constantly discharged. There is usually more or less pain in the back, with a sense of weariness after slight exertion, loss of appetite, lowness of spirits, nausea, flatulence, or some other form of indigestion.

**Treatment.**— The patient should seek to improve the general health by carefully following the directions given for constitutional treatment. In addition to this, cool vaginal injections should be administered three or four times each day. The same treatment is applicable to most uterine difficulties. If the patient is full of blood and not much reduced, the treatment can be more vigorous; but if weak and bloodless, the treatment must be mild.

*The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 354-55 by M. G. Kellogg*