CHOKING.

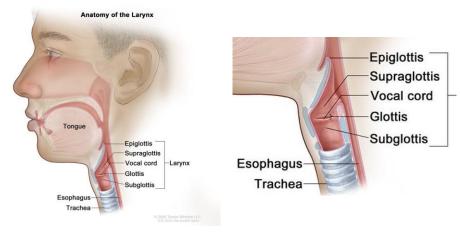
This is frequently caused by the substances within the meatpipe—the If the mouth is opened widely and substance can generally be seen glottis. It may be removed with hook, or it may be pried out of its of a spoon or a similar instrument. patient is suffocating, the substance the stomach with a smooth, round-If the foreign substance has been within the air passages, there will be difficult spasmodic cough,

lodgment of food or other oesophagus (colored section).

the tongue extended, the lodged above the pinchers, or with a place with the handle Failing to do this, if the may be pushed down into ended rod or whalebone. inhaled, and is lodged at first a violent breathing, and a sense of

impending suffocation. After a few minutes, the violence of the first symptoms abates for a time. The cough and difficulty of breathing return at intervals however.

Treatment.—When the substance is lodged in the upper part of the throat, and while the coughing continues, the clogging substance may often be removed by turning the head down and the feet up, and percussing the back. If it is within the windpipe, send for a good surgeon, who will remove it with the knife, if necessary.



The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 313-13 by M. G. Kellogg