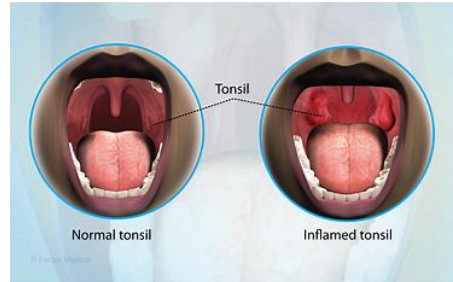


TONSILS (QUINSY/ TONSILLITIS), INFLAMMATION OF THE

This difficulty is known as quinsy and tonsillitis. It is common inflammatory sore throat. It is ushered in by chilliness, followed by fever. The upper part of the throat will be red and swollen, the sides of the entrance to the throat being very much swollen and frequently ulcerated. In some cases, the fever is very high, the tongue coated, and there is an abundant discharge of sticky saliva. If the inflammation is long continued, one or both of the tonsils— two glands situated on either side of the entrance to the throat— suppurate. They should then be lanced.



Treatment.— Free the bowels with an enema of warm water, and give a tepid pack for a half hour.

If the fever is high, treat as directed for simple fever. The special local treatment consists in the frequent application of ice-cold water to the throat inside and out, with a hot fomentation once or twice a day, followed by the immediate application of cold water. The hot foot-bath will give relief.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 311 by M. G. Kellogg