

SUN-STROKE.

This disease is similar to apoplexy. It usually follows exposure to the direct rays of the sun in a hot day.

Symptoms.— Faintness, thirst, great heat, dry ness of the skin, with prostration. Dizziness is frequently complained of, also a sense of tight ness across the chest. The action of the heart soon becomes violent, and the patient sinks into a state of insensibility.

Treatment.— The same as in apoplexy.



The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 293-94 by M. G. Kellogg