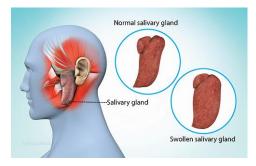
## MUMPS.

This disease consists in an inflammation of the parotid glands. These glands are situated on either side of the head, immediately in front of, and below, the ear.

**Symptoms.**—At first, there is a slight disturbance, as though a very mild fever was about to set in. This is accompanied by soreness and swelling of one or both of these glands. The swelling usually extends from beneath the ear, along the neck,

to the chin. The submaxillary glands — situated under the lower jaw just in front of the angle of the jaw— also become in flamed and swollen. The inflammation reaches its hight in four days. As the inflammation subsides, it is not uncommon for the mammary glands— the breasts— or the testicles to become painful and swollen.



**Treatment.**—All that is required is a spare diet, with an occasional tepid or warm bath. The dripping-sheet, sitz-bath, spray-bath, half or full bath, or the wet-sheet-pack, may any of them be given. If the throat is very painful, hot fomentations alternated with cold compresses every five or eight minutes for thirty minutes should be applied. Hot poultices will often give relief. If inflammation of the breasts or of the testicles occur, treat in the same manner.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 310-11 by M. G. Kellogg