

INFLUENZA.

This disease differs from catarrh only in being more severe and in being epidemic.

Symptoms.— Heat, and dryness of the skin, severe frontal headache, a constant running at the nose, sneezing, soreness in back part of the mouth — the fauces— hoarseness, a harassing cough, perverted taste, and disordered stomach.

Treatment.— Give any form of a hot bath, followed by a cool bath; or give a hot wet woolen sheet pack, or a hot half-pack once a day, with cold applications to the chest and throat at all other times, or a warm sitz and foot-bath may be given daily with a hot fomentation, for twenty minutes, followed with cold over the chest and throat until the severity of the symptoms is over