

## **FEVER, SIMPLE (THE CONTINUED TYPE).**

This is a disease which need not give any alarm if it is rightly managed, as it is seldom fatal. It may be so slight as to cause but little disturbance of, the vital functions, or it may manifest itself with very strongly marked symptoms. This class of fever includes what is called inflammatory fever.

**Symptoms.**—Lassitude, lack of energy for bodily or mental exertion, loss of appetite, nausea, pain in front portion of the head, aching of the back and limbs, coldness of surface, especially of the back, and frequently there is shivering. The chill may be quite light or very severe, or anywhere between these extremes. At the end of a few hours, in most cases, the chill passes off, and the skin becomes dry and hot. In other cases, the heat will be extreme and the skin swollen and florid. The pulse will be quick, but not frequent, hard, full, and strong, the tongue, white with red edges, and there is generally a constant thirst; the eyes are reddish; the urine is scanty and high colored; the bowels are constipated. Generally, there is not much mental disturbance, yet in some cases, the mind wanders, and the patient is restless, appearing very ill. There is a slight aggravation of all the symptoms each forenoon, and a still greater aggravation toward evening.

The fever continues without intermission until the system is purified—the fever being a purifying effort—which usually occurs, when there is no treatment given, within eight or ten days. Under the hygienic system of treatment, the patient generally recovers within five or six days, and frequently within two or three, if treatment is given at the beginning. Treated with drugs, it is not uncommon for it to exceed the ten days which unaided nature requires, and to be changed into the putrid form.

**Treatment.**—If the patient has sufficient vitality, the pack may be given two or three times a day, at a temperature most agreeable to him, until the heat becomes normal. Or large wet cloths may be spread over the body and limbs, and changed as often as they become warm. Free the bowels with enemas; free the stomach with warm-water emetics; keep the head cool. The pouring head-bath may be used freely in this form of fever. The room must be well ventilated at all times. In all respects other than those given above, follow directions for General Treatment of Fever.