

EYES, INFLAMMATION OF THE

The eyes are subject to a variety of diseases, most of which may be comprehended in the word inflammation. This may be acute or chronic. This inflammation may result in granulated lids, purulent discharges, specks and opacities, ulcers, tumors, and partial or total blindness.

Treatment.— In acute inflammation, keep the eye shaded from the light, but allow it a free circulation of air. Apply fomentations, followed by cold compresses once a day, and frequent cold applications daily or until the inflammation is subdued. Treat the attending fever the same as fevers in general. Keep the feet warm. In the chronic form, treat the patient constitutionally. See Constitutional Treatment. Bathe the eyes frequently in tepid water, and once or twice a week apply hot fomentations alternated with cold. See Fomentation. There may be cases in which it may be necessary to remove the granulations with caustics, but this should be avoided if possible, and should only be done by an oculist. If hairs growing inward cause the inflammation, they must be extracted.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 298-99 by M. G. Kellogg