EAR, CHRONIC INFLAMMATION OF THE

Symptoms.—A prolonged discharge from the ear.

Cause.— Scrofula, maltreated eruptive fever of any kind, etc.

Treatment.— In treating all forms of foul dis charges from the ears, first attend to the general health. The food must be free from all grease, butter, salt, vinegar, and condiments of all kinds. It should be composed of a good variety of fruits, grains, and vegetables, cooked in the most whole some manner. Derivative and tonic baths should be administered three times a week. These should consist of the dripping-sheet, the half-bath, or sitz-bath, or the spray-bath, or packs. The patient's body should be daily rubbed with the dry hand.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 297-98 by M. G. Kellogg