

EMETIC (VOMITING)

WATER EMETICS.

There is no necessity for taking any animal, vegetable, or mineral poison for the purpose of relieving the stomach of any morbid or injurious matter that it may contain. A far better way to accomplish this result is to drink copiously of warm water, filling the stomach unless vomiting is sooner induced. After drinking all the water the stomach will hold, tickle the throat with a feather or the finger, and vomiting will be speedily induced. In this manner the stomach may be freed of its contents without that retching, straining, and cramping which usually occur in connection with vomiting induced by drugs. *The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine*, pg 173 by M. G. Kellogg

Of warm water should be administered at the temperature most sickening to the patient, probably about 90°. The draughts should be taken at short intervals, not allowing time for the absorbents of the stomach to take up the water to any great extent. It may be needful to give anywhere from a pint to four quarts. *How to Treat the Sick without Medicine*, pg 535 by James C. Jackson, M.D.

Lobelia is listed as a poison (HHTL 40)

Induce Vomiting: 1-3 Heaping T. charcoal powder in water mixed well. Repeat every other hour if necessary or after episode of vomiting. This is the reflux time.

For nausea: Many times, if the stomach is so poisoned, the activated charcoal will act like Ipecac and cause vomiting, but this will bring relief.

*** Give ELECTROLYTE DRINK to any person that has diarrhea or vomiting

ELECTROLYTE DRINK:

1 8 oz cup of Welch's White Grape juice (can be any brand, but Welch's best)
1 pinch salt

Mix above together and drink.

For children, give 4 oz water + 4 oz white grape juice
For babies, give 2 oz water + 2 oz white grape juice