

Diarrhea Remedies

-Mix 1 Tbsp. of carob powder with 1/4 to 1/3 cup of unsweetened applesauce. Feed this to a small child, adult, etc. When giving to small children, it's not necessary to feed all of this to them. Works very well!!

Remedy #1

Carrot juice 8 oz. 2 times daily.

Carob tea- 1 cup 2 times daily

Rice water enema once a day.

Give enemas until diarrhea stops.

Charcoal- 1 tsp. in water as needed, depending on age.

Remedy #2

Charcoal 1 tsp. in water, 2 times daily

Cool garlic enema, 3 times daily.

Psyllium powder 1 Tbsp. in warm water OR

Chia seed, ground 1 Tbsp. in warm water.