THE WET-SHEET-RUB.

This bath differs from the preceding in that most of the water is wrung from the sheet before it is applied to the patient; it may be given over the carpet, and in any room in the house. In this bath the sheet is applied to the patient's body in the same manner as is the dripping-sheet, and the rubbing process is precisely similar. It is well adapted to persons of very feeble constitutions, as it is a still lighter bath than the preceding one (Dripping Sheet-Bath). If the sheet is applied two or three times, it becomes equally as heavy treatment as the dripping-sheet.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine. Pg. 147 by M. G. Kellogg