

THE WET-COMPRESS.

This is simply a towel or some other cloth folded three or four times, and wet in water of any temperature, and applied over the affected part, with two or three thicknesses of dry cloth to prevent the clothing from becoming wet. The wet-compress is used as a means of making a local application when it is not desirable to administer any of the previously mentioned (*packs & wet-girdle*) appliances. It is useful in any local difficulty, especially diseases of the chest and abdomen.