

THE LEG-BATH.

This bath is useful in treating all chronic swellings of the limbs and joints, be they caused by gout, rheumatism, or by the use of mercury. It is also excellent for old ulcers, bruises, and wounds, and for headache and toothache. If drugging, bleeding, or blistering is resorted to in rheumatic affections, there is great danger of the removal of the disease to the membranes of the heart, brain, stomach, lungs, and other membranes of the body; while there is no danger whatever in using water on the parts affected, if proper attention is paid to the general conditions of the system by living hygienically. In very painful affections of the leg, the warm bath should be administered for a few minutes before the cold application.