THE EYE AND EAR-BATH.

Whenever the eye or ear is affected by any inflammatory disease, wet cloths of a temperature the most agreeable should be applied to them, or the water may be applied by a gentle shower bath, or by pouring, or the eyes may be held open in clear, soft water. In severe inflammations of either of these organs, hot fomentations, alternated with cold applications, will be found beneficial. If gatherings form and break in the ear, it should be syringed out with tepid water.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine. Pg. 169 by M. G. Kellogg