

THE DIAGNOSIS OF DISEASE.

To write out a set of rules by which every man and woman can determine at sight the nature of every disease to which flesh is heir, is a task that has never yet been accomplished. It is not to be expected that such a set of rules can be given, yet there are a few general principles that may be stated in such a manner that persons of average intelligence can read many of the diseases with which human beings are afflicted, in a manner to know just what ails the patient. **It is by the aggregate and succession of symptoms that a disease is detected, a symptom being any perceptible change that takes place in any organ or function.** It is the plan of this work, not only to give directions for treating disease, but also to give a description of the symptoms manifested in the various diseases and by which the location and nature of each may be known. This will be done by treating of each disease separately; yet, since there are certain general rules for determining disease, it may be well to give these first.

The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 212 by M. G. Kellogg