## RATIONALE OF INFLAMMATION.

Inflammation, like all other diseases, is the effort of the vitalized tissues or organs to expel impurities or poisons from the system, or to protect it from injurious mechanical, chemical, or vital irritants. This is proved by the fact that when any foreign body or substance becomes so firmly imbedded in the flesh that it cannot be removed by absorption, the part becomes inflamed, and pus is thrown around it, and by thus forming an abscess it is prevented from coming in contact with the living tissues. Or, if a part of the body becomes dead, the living parts, if possessed of sufficient vitality, immediately separate the dead portion by throwing out pus between the living and the dead, and the dead portion soon sloughs away, and behind the pus which protects the living parts, granulations, or a new growth of flesh, take place, healing the part.

*The Hygienic Family Physician: A Complete Guide for the Preservation of Health, and the Treatment of the Sick without Medicine, pg. 238-239 by M. G. Kellogg*