

## IF/ Then

And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I [am] the LORD that healeth thee. Ex 15:26

Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God.  
1Cor 10:31

Deut 28:22 The LORD shall smite thee with a consumption, and with a fever, and with an inflammation, and with an extreme burning, and with the sword, and with blasting, and with mildew; and they shall pursue thee until thou perish.

28:27 The LORD will smite thee with the botch of Egypt, and with the emerods, and with the scab, and with the itch, whereof thou canst not be healed.

28:35 The LORD shall **smite thee in the knees**, and in **the legs**, with a **sore botch** that cannot be healed, from the sole of thy foot unto the top of thy head.

Deut 28:60 Moreover he will bring upon thee all the diseases of Egypt, which thou wast afraid of; and they shall cleave unto thee.

28:61 Also **every sickness, and every plague, which [is] not written in the book of this law**, them will the LORD bring upon thee, until thou be destroyed.

Lev 26:16 I also will do this unto you; I will even appoint over you **terror, consumption**, and the **burning ague**, that shall **consume the eyes**, and cause **sorrow of heart**: and ye shall sow your seed in vain, for your enemies shall eat it.

1 consumption = tuberculosis, passing away, a wasting of flesh.

2 fever

3 inflammation

4 extreme burning = bones, heartburn etc.

5 with the sword = death

6 blasting = to prevent from growing (retardation, dwarfism)

7 mildew = causing corrosion

8 botch= a swelling on the skin, ulcers and tumors

9 emerods = hemorrhoids

10 scab = psoriasis

11 itch = scabies, athlete's foot, dandruff, seborrhea, chicken pox, small pox, rash

12 smitten in the knees = arthritis in the knees and other problems

13 smitten in the legs = arthritis in the legs and other problems

14 sore botch = painful swellings, painful ulcers and tumors

15 terror = fear, phobia, anxiety, panic attacks

16 consumption = anorexia, emaciation

17 burning ague = chills, shivering, colds, flu, shock

18 trembling heart = heart failure, heart attack, cardiac arrest

19 failing of eyes = blindness, eye problems, cataracts, glaucoma, macular degeneration

20 sorrow of mind = depression, madness

21 sicknesses & plagues not written in the book = AIDS, syphilis, Mad Cow's disease, Bird Flu, Swine Flu, Anthrax etc.

**The system of reform is not medicinal**; it is not a system of drugging and purging, nor a gradual tapering off in the use of alcohol. The watchword at the portals of this institution is total abstinence from alcohol in every form. There are **no alcoholic tinctures in medicines**, no mild tonics, reinforced by other stimulants or narcotics, but total abstinence from the use of alcohol in any form, whether mixed with malt, quinine, ginger, eggs, milk, cider, or lemonade. {RH, February 10, 1885 par. 9}

People need to be taught that **drugs do not cure disease**. It is true that they sometimes afford present relief, and the patient appears to recover as the result of their use; this is because nature has sufficient vital force to expel the poison and to correct the conditions that caused the disease. **Health is recovered in spite of the drug. But in most cases the drug only changes the form and location of the disease.** Often the effect of the poison seems to be overcome for a time, but **the results remain in the system, and work great harm at some later period.** {CH 89.2}

**Disease is an effort of nature to free the system from conditions that result from a violation of the laws of health.** In case of sickness, the cause should be ascertained. Unhealthful conditions should be changed, wrong habits corrected. Then nature is to be assisted in her effort to expel impurities and to re-establish right conditions in the system. {MH 127.1}