

## SOP ~ FEVERS WITH ICE, TREATING

“I feel that the ice used is a mistake. The light which has been given me in reference to several critical cases has been represented to me as a sick child I had in charge, and in every case the directions given were, **Do not apply ice to the head**, <but cool water;> apply hot fomentations <to the bowels, stomach, and liver.> This will quell the fever much sooner even than cold. The reaction after the cold applications raises the fever, in the place of killing it. This direction has been given me again and again. In some cases, the ice applications may be warrantable, but in most cases, they are not advisable. If <the invalid> has any vitality, the system will sent the blood to where the cold is, and very often the system has no power for this taxation. Brother Herbert has low vitality. Some cases may endure this <other> kind of treatment, but I greatly fear for Brother Lacey, if it is continued. Use hot water. In nine cases out of ten it will do a more successful work than the cold ice would do.” {Lt112a-1897.2}