

Dear Brothers and Sisters,

As I have been studying the Pioneer's writings concerning their **pure, soft water** treatments administered when they ran Battlecreek Sanitarium, the Lord continues to connect more beautiful truths with the health message. I did a search on "living water" and here are some quotes of many that bring out the beauty of what our Lord has done and continues to do for each one of us. (Did you know that water is a "living" substance? If you google "water living substance" you can discover many beautiful things)

Water ~ Blood ~ Living Water ~ Holy Spirit ~ Jesus

But it was not the spear thrust, it was not the pain of the cross, that caused the death of Jesus. That cry, uttered "with a loud voice" (Matthew 27:50; Luke 23:46), at the moment of death, **the stream of blood and water that flowed from His side**, declared that **He died of a broken heart**. His heart was broken by mental anguish. **He was slain by the sin of the world**. {DA 772.2}

When the soldier pierced the side of Jesus as He hung upon the cross, there came out **two distinct streams, one of blood, the other of water**. The blood was to wash away the sins of those who should believe in His name, and **the water was to represent that living water which is obtained from Jesus to give life to the believer**. {EW 209.2}

Whosoever drinketh of this water shall thirst again: but whosoever drinketh of **the water** that I shall give him shall never thirst; but **the water** that I shall give him shall be in him a well of water springing up into everlasting life." John 4:13, 14. **By the living water is meant the Holy Spirit**. As a thirsty traveler needs water to drink, so do we need God's Spirit in our hearts. He who drinks of this water shall never thirst. {SJ 55.1}

Those **who receive Christ** are meek and lowly in heart. **Christ opens within their hearts a living fountain of water, which springs up unto eternal life, refreshing the souls of others**. The lives of those who eat the bread of life and drink **the water of salvation are purified by the grace of God**. They claim and receive all that the giving of Christ's **flesh and blood** signifies. **Vivified by the Holy Spirit, they are enabled to work the works of Christ**. {Lt75-1900.14}

As a people we must prepare the way of the Lord under the overruling guidance of the Holy Spirit. The gospel is to be given in its **purity.** **The stream of living water** is to deepen and widen in its course. The Review and Herald, July 5, 1906.

All over the field of revelation are scattered glad springs of heavenly truth, of peace and joy. These glad springs of truth are within the reach of every seeker. **The words of inspiration, pondered in the heart, will be as living streams flowing from the river of the water of life....** Whenever we study the Bible with a prayerful heart, **the Holy Spirit is near to open to us the meaning of the words we read....** {FH 31.3}

Under the showers of the latter rain the inventions of man, the human machinery, will at times be swept away, the boundary of man's authority will be as broken reeds, and **the Holy Spirit will speak through the living, human agent**, with convincing power. No one then will watch to see if the sentences are well rounded off, if the grammar is faultless. **The living water will flow in God's own channels.** {2SM 58.4}

As Jesus looked upon that vast congregation, He read the heart-sorrow beneath the outward display of joyous exultation. He saw many whose souls were parched as the desert, many over-wearied by participation in the great ceremonial pointing to Himself. **How He longed to pour into the heart the current of His love.** Many were almost fainting from weariness, but that voice unlike any other, fell upon the ear in soothing accents, "If any man thirst"—for assurance of truth, for restful hope, for deliverance from sinful propensities—"let him come unto Me, and drink." **He need not go to the priests or rabbis, but let him come unto Me.** **He that believeth on Me, as the Scripture hath said, out of his belly shall flow rivers of living water.** **(But this spake He of the Spirit,** which they that believe on him should receive it; **for the Holy Ghost was not yet given; because Jesus was not yet glorified.)** When He should ascend to the Father, **then the Comforter** which the Saviour promised to send would come. **Jesus promised to manifest Himself through the Holy Spirit to every individual who shall seek Him and believe on Him.** {Lt97-1895.4}

We feel in great need of the Holy Spirit of God in these meetings. The field is the world. The Lord Jesus came to sow the world with truth, and He has committed to His representatives the privilege of being colaborers with God. **We need in these gatherings to ask of God for that living water that has been provided at infinite cost,** that all may be called. "And the Spirit and the bride say, Come. And let him that heareth say, Come. And let him that is athirst come. And whosoever will, let him take the water of life freely." Revelation 22:17. {Lt114-1895.17}

There will be a series of events revealing that God is master of the situation. The truth will be proclaimed in clear, unmistakable language. As a people we must prepare the way of the Lord under the overruling guidance of the Holy Spirit. The gospel is to be given in its purity. The stream of living water is to deepen and widen in its course. In all fields, nigh and afar off, men will be called from the plow and from the more common commercial business vocations that largely occupy the mind, and will be educated in connection with men of experience. As they learn to labor effectively they will proclaim the truth with power. Through most wonderful workings of divine providence, mountains of difficulty will be removed and cast into the sea. The message that means so much to the dwellers upon the earth will be heard and understood. Men will know what is truth. Onward and still onward the work will advance until the whole earth shall have been warned, and then shall the end come. {9T 96.2}

The command of God is addressed to all the members of the church to use their powers in his service. Though the instrument may be weak, it is the power of God that will accomplish the work. Paul may plant, and Apollos may water, but it is God who gives the increase. There is a great work to do; and the Spirit of the living God must enter into the living messenger, that the truth may go with power. Without the Holy Spirit, without the breath of God, there is torpidity of conscience, loss of spiritual life. Unless there is genuine conversion of the soul to God; unless the vital breath of God quickens the soul to spiritual life; unless the professors of truth are actuated by heaven-born principles, they are not born of the incorruptible seed, which liveth and abideth forever. Unless they trust in the righteousness of Christ as their only security; unless they copy his character, labor in his spirit, they are naked; they have not on the robe of righteousness. The dead are often made to pass for the living; for those who are working out what they term salvation after their own ideas, have not God working in them to will and to do of his good pleasure. {RH December 3, 1908, par. 10}

Why not humble yourselves before the Lord, and let the impression of the Holy Spirit be manifested upon your character and work? There is far too much self-complacency among those who engage in Sabbath school work, too much machinery and routine, and all this tends to lead the soul away from the Fountain of living water.—*Testimonies on Sabbath-School Work*, 73, 74. {CSW 155.2}

He who holds true communion with God has no relish for the low and commonplace, for transient delights and indulgence. Under the molding influence of the Holy Spirit, he reveals a preference for better things. He who has drunk of the pure fountain of living water will take no delight in the muddy, turbulent streams of earth. A temporal, artificial satisfaction is all that world lovers obtain. Those who sell their hope of heaven for so slight a reward will be deemed unworthy of the life that measures with the life of God. Jesus said, "He that will come after Me, let him deny himself, and take up his cross, and follow Me." {Lt131-1904.19}

With what power and compassion Jesus cried, "If any man thirst, let him come unto me, and drink. He that believeth on me, as the Scripture hath said, out of his belly shall flow rivers of living water. But this he spake of the Spirit, which they that believe on him should receive." Again he said: "I am the light of the world," "I am the bread of life," "I am the way, the truth, and the life," "I am the good shepherd." Do

we believe on him who is the light of the world? and is Jesus in US a well of water springing up into life eternal? Are we endowed with the Holy Spirit, so that with heavenly wisdom we may meet the emergencies of this age, and counteract as far as possible the movements of the world? RH February 21, 1893, par.

Workers are needed now. As a people, we are not doing one fiftieth of what we might do as active missionaries. If we were only vitalized by the Holy Spirit, there would be a hundred missionaries where there is now one. **But where are the missionaries?** Has not the truth for this time power to stir the souls of those who claim to believe it? When there is a call to labor, why should there be so many voices to say, "I pray thee, have me excused"? In this country the standard of truth is to be established and exalted. There is great need of workers, and there are many ways in which they can labor. There is work for those in the higher as well as in the more humble positions.... **Individually all need a heart work. A good work cannot be done by the human agent alone. For the full development and efficiency of the intellectual as well as the spiritual powers,** there is, there must be, a vital connection with God, a communion with the highest source of activity. Then with the soul all aglow with zeal for the Master, we can be a blessing to others. Jesus said, "Whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life." John 4:14. Those who become partakers of the grace of Christ will guide others to the living stream. {CH 507.1}

May the Lord give us to see the need of drinking from the living fountain of the water of life. Its pure streams will refresh and heal us and refresh all connected with us. Oh, if the hearts were only subdued by the Spirit of God! If the eye was single to God's glory, what a flood of heavenly light would pour upon the soul. He who spake as never man spake was an Educator upon earth. After His resurrection He was an Educator to the lonely, disappointed disciples traveling to Emmaus, and to those assembled in the upper chamber. He opened to them the Scriptures concerning Himself and caused their hearts to bound with a holy, new, and sacred hope and joy.... {CW 80.1}

Pray for the Latter Rain—We must pray that God will unseal the fountain of the water of life. And we must ourselves receive of the living water. Let us, with contrite hearts, pray most earnestly that now, in the time of the latter rain, the showers of grace may fall upon us. At every meeting we attend our prayers should ascend, that at this very time God will impart warmth and moisture to our souls. As we seek God for the Holy Spirit, it will work in us meekness, humbleness of mind, a conscious dependence upon God for the perfecting latter rain. If we pray for the blessing in faith, we shall receive it as God has promised.—(Testimonies to Ministers and Gospel Workers, 508.) {Pr 119.6}

A WARNING FROM THE LORD: TWO PERSONIFICATIONS- WHICH WILL YOU RECEIVE?

The Holy Spirit is promised to all who will ask for it. When you search the scriptures, the Holy Spirit is by your side, personating Jesus Christ. The truth is a living principle made to shine in precious clearness to the understanding, and then, O then, it is time to speak words from the living Christ, "Ye are laborers together with God." Christ said to the woman of Samaria, "If thou knewest the gift of God, and who it is that said to thee, Give me to drink; thou wouldest have asked of Him, and He would have given thee living water ... A well of water springing up into everlasting life." Those who have the out-pouring of the gospel of Christ which comes from the heart imbued by His Holy Spirit will give light and comfort and hope to hearts that are hungering and thirsting for righteousness. It is not excitement we wish to create, but deep, earnest consideration, that those who hear shall do solid work, real, sound, genuine work that will be enduring as eternity. We hunger not for excitement, for the sensational; the less we have of this, the better. The calm, earnest reasoning from the Scriptures is precious and fruitful. Here is the secret of success in preaching a living personal Saviour in so simple and earnest a manner that the people may be able to lay hold by faith of the power of the Word of life. Present not Anna Phillip's productions, but the truth, substantiated by the authority of the living Word, which is the power of God unto salvation. {PC 101.3}

Satan ... will come personating Jesus Christ, working mighty miracles; and men will fall down and worship him as Jesus Christ. We shall be commanded to worship this being, whom the world will glorify as Christ. What shall we do? Tell them that Christ has warned us against just such a foe, who is man's worst enemy, yet who claims to be God, and that when Christ shall make His appearance it will be with power and great glory, accompanied by ten thousand times ten thousand angels and thousands of thousands, and that when He shall come we shall know His voice.—The S.D.A. Bible Commentary 6:1106 (1888). {LDE 165.3}

Jesus is looking from His throne upon His people. His interest is identified with His suffering brethren. With joy the angel hears the word from Jesus, "Take away the filthy garments from him and clothe him with change of raiment." And He said, "Behold, I have caused thine iniquity to pass from thee, and I will clothe thee with change of raiment." [Zechariah 3:4.] Satan sees that he is about to lose his last chance of subverting these souls and he brings all the powers of his satanic generalship into intense activity. This last great act in the drama is in personating Jesus Christ. His disguise is discerned by none but those who are established in the Scriptures and acquainted [with] the word of God. [possible page missing here] {Ms16-1884.7}

Brothers and Sisters, if we apply **pure**, soft water (no minerals or as far as possible) to our bodies for bathing, drinking, and cooking, the Lord can work miracles to cleanse and heal us in the same way he desires to cleanse us spiritually with His **pure** water by His Holy Spirit. And the most beautiful experience we can realize is that we can have physical healing. First the physical, then the spiritual. If we allow Jesus to truly cleanse our physical bodies (temples) through obedience

to his laws of nature and adherence to his true remedies, then we can receive his spiritual cleansing that will enable our eyes to be opened with more clarity of discernment. Praise God for all His goodness!

I have two document studies on water that I have compiled from some of our pioneers. If anyone is interested in this subject, please let me know, and I will be very happy to share these wonderful pioneer truths.

May God continue to shower you with his blessings of truth as you seek to study this vital subject of the Godhead (and our health message) is my heartfelt prayer for each and everyone,

Melinda

Watch unto prayer. In this way alone can you put your whole being into the Lord's work. Self must be put in the background. Those who make self prominent gain an education that soon becomes second nature to them; and they will soon fail to realize that instead of uplifting Jesus they uplift themselves, that instead of being **channels through which the living water can flow to refresh others**, they absorb the sympathies and affections of those around them. **This is not loyalty to our crucified Lord.** {CH 560.1}

**LET US DRAW NEAR WITH A TRUE HEART IN FULL ASSURANCE OF FAITH,
HAVING OUR HEARTS SPRINKLED FROM AN EVIL CONSCIENCE, AND OUR
BODIES WASHED WITH PURE WATER. HEBREWS 10:22**